



PROFESSOR SARA BENNETTS

Adjunct Assistant Professor

PRONOUNS

she, her, hers

SUBJECT AREAS

Social Work

EDUCATION

MSW, Walla Walla University

BSW, University of South Dakota

TEACHING LOCATIONS

Kaiserslautern Military Community,
Germany

EMAIL

sara.bennetts@faculty.umgc.edu

My name is Sara Bennetts, CSW-PIP, LAC. I have been teaching with UMGC since 2024. With nearly 20 years of experience as a clinical social worker, my career has been wonderfully diverse, spanning Head Start programs, in-patient treatment for eating disorders, and managing addiction programming for the United States Army across Europe.

I am currently in my second year of a Doctorate in Social Work program, continually expanding my knowledge and expertise in the field. My teaching philosophy centers around fostering an inclusive and engaging learning environment where students feel inspired to explore and innovate. I believe in the power of practical, real-world applications of academic concepts, encouraging students to connect their studies with their future professional lives.

Beyond my professional life, I am deeply interested in community outreach and development. I was born and raised in Sioux Falls, South Dakota and remain committed to bringing transformative ideas to my community. I enjoy engaging presentations that inspire others and promote positive change.